

NEWSLETTER



Extra Caring Homecare LLC



Elder Abuse Awareness Month

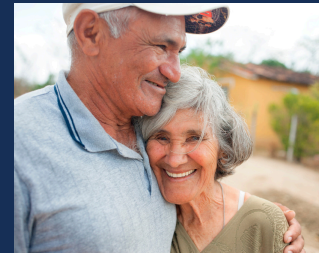
Elder abuse can take many forms—physical, emotional, financial, sexual, or neglect—and affects people from all backgrounds. An estimated 1 in 10 seniors experience abuse, often by someone they trust, yet most cases go unreported. Learning the signs—like unexplained injuries, mood changes, withdrawal, poor hygiene, or unusual financial activity—helps us protect our elders and speak up when something feels off.

Know the Signs

Here are a few red flags to watch for in loved ones or clients:

- Unexplained injuries or bruises
- Sudden changes in mood or behavior
- Withdrawal from social activities
- Poor hygiene or signs of neglect
- Unusual financial activity or missing belongings

If you suspect abuse, speak up. Reporting matters—and could save a life.



Why It Matters

- 1 in 10 Americans aged 60+ have experienced some form of elder abuse.
- For every case reported, as many as 23 go unreported.
- Abuse often occurs at the hands of trusted individuals.



A Message from Our Team

"Caring for our elders means more than meeting their daily needs. It means protecting their rights, preserving their dignity, and being a voice for those who may not be able to speak up for themselves. We're proud to stand with our community in observing Elder Abuse Awareness Month."

